

Forklift training – counterbalance

With forklift trucks located at our training centre in Luanda, Sparrows can provide forklift operator basic training courses and refreshers for B1 licences. Training is delivered by our RTITB certified assessors, following the standards set out by RTITB best practices for forklift operators

This course complies with the standards set in accordance with the HSE Code of Practice L117. On completion of the course, operators will be certified to use any counterbalance forklift up to a 5000 kg lifting capacity.

Who should attend?

- Novice operators
- Operators in need of a refresher.
- Experienced operators.

What is the duration of this course?

- Four days for candidates who have no previous experience with operating forklift trucks
- Two days for candidates who have operated forklift trucks but have received no formal training
- One day for candidates who have a certificate of basic training B1 and require re-training and assessment.

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What are the aims of the course?

To provide skills / knowledge required to operate a forklift truck safely and determine competency skills level of the candidate.

Effective forklift training:

- Reduces the likelihood of accidents at the worksite and improves the safety of both operators and personnel
- Prevents possible damage to forklift
- Prevents possible damage to property.

What will be covered?

- Daily maintenance checks
- Pre-use inspection procedures
- Operators Safety Code and Legislation- H&SAWA 1974, PUWER, LOLER1998 and 117 Rider Operated Lift Trucks (ACOP and guidance)
- Responsibilities to health and safety
- Battery maintenance / charging / LPG / diesel trucks
- Controls and instruments
- Basic principles of stability
- Starting, moving and stopping the truck
- Handling pallets
- Operation of hydraulic controls
- Correct stacking and de-stacking
- Loading and unloading techniques
- Safe parking and shutdown procedures
- Gas and diesel refuelling procedures
- Practical assessment
- Theoretical assessment.

What certificate do attendees receive on completion of this course?

Sparrows forklift training certificate of basic training will be issued to the candidate outlining the equipment certified to use.

Certification is valid for three years.

Developing competence and reducing risk

Having worked in the offshore industry since 1975, Sparrows Group has unrivalled experience in offshore lifting operations, competence assessment and training. Our goal is to help build a strong safety culture in the workforce, reducing the frequency and severity of incidents which could cause harm to people or property.

We are the only company in the world to offer onshore coaching in a real offshore pedestal crane and a crane simulator.

Delivered by our experts who are all staff and have hands-on experience in their fields, our programmes ensure students reach Sparrows Group's industry-leading standards. Training programmes are accredited to ISO:9001 and OPITO in the UK, and API RP2D in the US.

As well as offering a number of standard courses, unlike many other training providers, we offer bespoke training solutions that meet our clients exact objectives. We can deliver our training at your location, both offshore and onshore.



For more information please visit www.sparrowsgroup.com

